JULY 31–AUGUST 2, 2017
Pre-conference Workshops July 30, 2017
Walt Disney World Dolphin Hotel, Orlando, Florida

In collaboration with

ADVANCED EDUCATION IN PRIMARY CARE, PRESENTED BY AND FOR NPs AND PAs

TOPICS INCLUDE:

• Asthma
• Hypertension
• Dyslipidemia
• ACS/AMI
• Atrial Fibrillation
• Heart Disease Symptom Recognition
• Anaphylaxis
• Heart Failure
• Cardiology Cases: How Not to Lose Your License
• COPD: Updated 2016 GOLD Guidelines
• Chronic Cough
• Smoking Cessation
• Allergic Rhinocconjunctivitis
• Community-Acquired Pneumonia and Bronchitis

New for 2017!

Optional Pre-conference Workshops

• EKG
• Spirometry

For more information and to register go to: CARPS-cme.org
Why Attend CARPS?

• To elevate your competence and confidence in treating your patients with a variety of common cardiovascular, allergy, and respiratory diseases.
• To network with fellow NPs and PAs in primary care.
• To earn CE/CME credit in high demand areas of practice.
• For hands-on training in EKG and Spirometry at CARPS optional pre-conference workshops. **New!**
• To take advantage of special discounted room rates to combine an educational experience for yourself with the enjoyment of a Walt Disney World vacation for yourself and your family.

From the Producers of the Metabolic & Endocrine Disease Summit (MEDS)...

### ABOUT OUR VENUE

Walt Disney World Dolphin Hotel
Orlando, Florida

The 2017 Cardiovascular, Allergy, and Respiratory Disease Summit (CARPS) will take place at the Walt Disney World Dolphin Hotel in Orlando, Florida, where we have arranged for a discount room rate of **just $169 a night** for CARPS participants. To make your reservation, please call 1-800-227-1500 and identify yourself as a CARPS attendee. The discount rate expires June 30, 2017, but we urge you to make your arrangements as soon as possible, as our room block will sell out.

### FACULTY

**Program Co-Chairs**

- **Mary Lou Hayden, MS, APRN-BC, FNP, AE-C**
  Commonwealth Allergy
  Glen Allen, Virginia

- **John McGinnity, MS, PA-C**
  Program Director
  Associate Professor (Clinical)
  Physician Assistant Studies
  Department of Health Care Sciences
  Wayne State University
  Detroit, Michigan

- **Mary Ellen Roberts, DNP, RN, APNC, FNAP, FAAN, FAAN**
  Assistant Professor - Graduate Dept.
  Seton Hall University
  College of Nursing
  South Orange, New Jersey

**Faculty** (see website for updates)

- **Gwen Carlton, DNP**
  Coordinator, FNP Concentration
  The University of Tennessee
  Chattanooga, Tennessee

- **Leslie L. Davis, NP PhD, RN, ANP-BC, FAANP, FPC, FAHA**
  Assistant Professor, Adult Health Nursing
  The University of North Carolina
  Greensboro, North Carolina

- **Christine Kessler, CNS, ANP, BC-ADM, CDTC, FAANP**
  Nurse Practitioner
  Founder, Metabolic Medicine Associates
  King George, Virginia

- **Denise K. Link, MPAS, PA-C**
  Physician Assistant
  University of Texas Southwestern Medical Center
  Dallas, Texas

- **Gabriel Ortiz, MPAS, PA-C, DFAAPA**
  Clinical Educator
  Thermo Fisher Scientific
  El Paso, Texas

- **Joyce Ross, MSN, ANP, CLS, CRNP, FPCNA, FNLA**
  Diplomate Accreditation Council for Clinical Lipidology
  President, National Lipid Association
  Past President Preventive Cardiovascular Nurses Association
  Consultative Education Specialist, Cardiovascular Risk Intervention
  University of Pennsylvania Health System
  Philadelphia, Pennsylvania

- **Daniel Thibodeau, MHP, PA-C, DFAAPA**
  Associate Professor
  Director of Clinical Education Recruitment and Support
  Eastern Virginia Medical School
  Norfolk, Virginia

- **Wendy Wright, MS, RN, APRN, FNP, FAANP**
  Nurse Practitioner
  Wright & Associates Family Healthcare
  Amherst, New Hampshire
# 2017 AGENDA

**Subject to change. Please check web site CARPS-cme.org for updates.**

**JULY 31–AUGUST 2, 2017**

**Pre-conference Workshops July 30, 2017**

Walt Disney World Dolphin Hotel, Orlando, Florida

## Sunday, July 30, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM – 11:45 AM</td>
<td>EKG Workshop</td>
</tr>
<tr>
<td>1:30 PM – 4:45 PM</td>
<td>Spirometry Workshop</td>
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</tbody>
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## Monday, July 31, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:10 AM – 8:10 AM</td>
<td>• Breakfast/Exhibits</td>
</tr>
<tr>
<td>8:10 AM – 8:20 AM</td>
<td>• Course Overview</td>
</tr>
<tr>
<td>8:20 AM – 9:10 AM</td>
<td>• Dyspnea: Have I kept up with the changes?</td>
</tr>
<tr>
<td>Joyce Ross, MSN, ANP, CLS, CRNP, FPCNA, FNLA</td>
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<tr>
<td>9:10 AM – 10:00 AM</td>
<td>• Your patient has ACS/AMI: Now what?</td>
</tr>
<tr>
<td>Daniel Thomas Thibodeau, MHP, PA-C, DFAAPA</td>
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<tr>
<td>10:00 AM – 10:15 AM</td>
<td>• Q&amp;A Panel</td>
</tr>
<tr>
<td>10:15 AM – 10:45 AM</td>
<td>• Break/Exhibits</td>
</tr>
<tr>
<td>10:45 AM – 11:35 AM</td>
<td>• Enterococcal System and Cardio-Pulmonary Health</td>
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<tr>
<td>Christine Kessler, CNS, ANP, BC-ADM, CDTC, FAANP</td>
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</tr>
<tr>
<td>11:35 AM – 12:25 PM</td>
<td>• Atrial Fibrillation: Choosing Anticoagulation</td>
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<tr>
<td>Mary Ellen Roberts, DNP, RN, APN-C, FAANP, FAAN, FNAP</td>
<td>Based on patient needs</td>
</tr>
<tr>
<td>12:25 PM – 12:40 PM</td>
<td>• Q&amp;A Panel</td>
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<tr>
<td>12:40 PM – 1:40 PM</td>
<td>• Lunch Symposium</td>
</tr>
<tr>
<td>1:40 PM – 2:00 PM</td>
<td>• Dessert Break/Exhibits</td>
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</tbody>
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## Tuesday, August 1, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:10 AM – 8:20 AM</td>
<td>• Breakfast/Exhibits</td>
</tr>
<tr>
<td>8:20 AM – 9:10 AM</td>
<td>• CKD in HTN: How should I be treating it?</td>
</tr>
<tr>
<td>Denise Link, MPAS, PA-C</td>
<td></td>
</tr>
<tr>
<td>9:10 AM – 10:00 AM</td>
<td>• Cardiology cases: How not to lose your license!</td>
</tr>
<tr>
<td>John G. McGinnity, MS, PA-C, DFAAPA</td>
<td></td>
</tr>
<tr>
<td>10:00 AM – 10:15 AM</td>
<td>• Q&amp;A Panel</td>
</tr>
<tr>
<td>10:15 AM – 10:45 AM</td>
<td>• Break/Exhibits</td>
</tr>
<tr>
<td>10:45 AM – 11:35 AM</td>
<td>• COPD: Updated 2016 GOLD Guidelines</td>
</tr>
<tr>
<td>Gabriel Ortiz, MPAS, PA-C, DFAAPA</td>
<td></td>
</tr>
<tr>
<td>11:35 AM – 12:25 PM</td>
<td>• Differentiate acute bronchitis and community-acquired pneumonia</td>
</tr>
<tr>
<td>B. Gwen Carlton, DNP, FNP, AE-C</td>
<td></td>
</tr>
<tr>
<td>12:25 PM – 12:40 PM</td>
<td>• Q&amp;A Panel</td>
</tr>
<tr>
<td>12:40 PM – 1:40 PM</td>
<td>• Lunch Symposium</td>
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## Wednesday, August 2, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:10 AM – 8:20 AM</td>
<td>• Breakfast</td>
</tr>
<tr>
<td>8:20 AM – 9:10 AM</td>
<td>• Severe and difficult to treat asthma: What to do when asthma is out of control</td>
</tr>
<tr>
<td>Mary Lou Hayden, RN, MS, FNP-BC, AE-C</td>
<td>Gabriel Ortiz, MPAS, PA-C, DFAAPA</td>
</tr>
<tr>
<td>9:10 AM – 10:00 AM</td>
<td>• Smoking cessation</td>
</tr>
<tr>
<td>Wendy L. Wright, MS, APRN, FNP, FAANP, FAAN</td>
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</tr>
<tr>
<td>10:00 AM – 10:15 AM</td>
<td>• Q&amp;A Panel</td>
</tr>
<tr>
<td>10:15 AM – 10:30 AM</td>
<td>• Break</td>
</tr>
<tr>
<td>10:30 AM – 11:20 AM</td>
<td>• Anaphylaxis: Controversy and consensus</td>
</tr>
<tr>
<td>Mary Lou Hayden, RN, MS, FNP-BC, AE-C</td>
<td></td>
</tr>
<tr>
<td>11:20 AM – 12:10 PM</td>
<td>• Chronic cough</td>
</tr>
<tr>
<td>Wendy L. Wright, MS, APRN, FNP, FAANP, FAAN</td>
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</tr>
<tr>
<td>12:10 PM – 12:30 PM</td>
<td>• Q&amp;A Panel</td>
</tr>
<tr>
<td>12:30 PM</td>
<td>• Adjournment</td>
</tr>
</tbody>
</table>

### Optional Pre-conference Hands-on Workshops

New for 2017, CARPS will offer optional hands-on workshops on July 30, 2017.
CARPS Workshops are open to CARPS attendees only. Limited space available. *First come. First served!*

**EKG Workshop** 3 CE/CME Credits Available

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:30 AM – 11:45 AM</td>
<td>• Lead EKG Interpretation for Primary Care Providers</td>
</tr>
<tr>
<td>FACULTY</td>
<td>Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FPCNA, FAHA</td>
</tr>
</tbody>
</table>
| Mary Ellen Roberts, DNP, RN, APN-C, FAANP, FAAN, FNAP | **FACULTY**
| 1:30 PM – 4:45 PM   | • Interpretation of the EKG & Respiratory Cardiology Cases         |
| Gabriel Ortiz, MPAS, PA-C, DFAAPA | **FACULTY**

This workshop will take the participant through the steps of interpreting a 12-Lead ECG necessary for the primary care provider. This interactive workshop will include didactic content and case studies to increase participants’ knowledge and skills for interpreting 12-Lead ECGs in adult patients. During the workshop participants will practice hands-on activities to increase their confidence in applying a systematic approach to interpretation.

**Spirometry Workshop** 3 CE/CME Credits Available

<table>
<thead>
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<tr>
<td>1:30 PM – 4:45 PM</td>
<td>• Spirometry Workshop</td>
</tr>
<tr>
<td>FACULTY</td>
<td>B. Gwen Carlton, DNP, FNP, AE-C</td>
</tr>
</tbody>
</table>
| Mary Lou Hayden, RN, MS, FNP-BC, AE-C | **FACULTY**

This workshop takes the participant through the information and skills needed for the primary care provider to incorporate spirometry into daily clinical practice. Spirometry basics are presented, followed by participant having an opportunity to perform this test on a fellow participant using an actual spirometer. The workshop concludes with case study discussions relating a case presentation and interpretation of the spirometry.

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**Monday, July 31, 2017**

**FACULTY**

Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FAHA

Mary L. Hayden, RN, MS, FNP-BC, AE-C

B. Gwen Carlton, DNP, FNP, AE-C

**Wednesday, August 2, 2017**

**FACULTY**

Wendy L. Wright, MS, APRN, FNP, FAANP, FAAN

Gabriel Ortiz, MPAS, PA-C, DFAAPA

**Tuesday, August 1, 2017**

**FACULTY**

Joyce Ross, MSN, ANP, CLS, CRNP, FPCNA, FNLA

Christine Kessler, CNS, ANP, BC-ADM, CDTC, FAANP

John G. McGinnity, MS, PA-C, DFAAPA

Gabriel Ortiz, MPAS, PA-C, DFAAPA

**Sunday, July 30, 2017**

**FACULTY**

Mary Lou Hayden, RN, MS, FNP-BC, AE-C

**Pre-conference Workshops July 30, 2017**

Walt Disney World Dolphin Hotel, Orlando, Florida

**Monday, July 31, 2017**

**FACULTY**

Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FPCNA, FAHA

B. Gwen Carlton, DNP, FNP, AE-C

**Wednesday, August 2, 2017**

**FACULTY**

Wendy L. Wright, MS, APRN, FNP, FAANP, FAAN

Gabriel Ortiz, MPAS, PA-C, DFAAPA

**Tuesday, August 1, 2017**

**FACULTY**

Joyce Ross, MSN, ANP, CLS, CRNP, FPCNA, FNLA

Christine Kessler, CNS, ANP, BC-ADM, CDTC, FAANP

John G. McGinnity, MS, PA-C, DFAAPA

**Sunday, July 30, 2017**

**FACULTY**

Mary Lou Hayden, RN, MS, FNP-BC, AE-C

B. Gwen Carlton, DNP, FNP, AE-C
LEARNING OBJECTIVES

After completing this live activity, participants should be able to:

• Analyze disease patterns and apply pattern recognition to the clinical evaluation and differential diagnoses in patients with respiratory disease, allergy, and cardiovascular disease (CVD).
• Integrate into daily practice evidence-based recommendations for the clinical management of respiratory disease, allergy, and CVD, including aggressive treatment and treatment-to-target strategies.
• Evaluate the safety and efficacy of the various classes of pharmaceutical and biologic agents in the treatment of chronic obstructive pulmonary disease (COPD), asthma, allergic rhinitis, atrial fibrillation, hypertension, hyperlipidemia, arrhythmia and congestive heart failure (CHD).
• Discuss the currently available and emerging medications that target established and newly recognized pathways in the pathogenesis of respiratory disease, allergy, and CVD.
• Incorporate new therapies in appropriately selected patients.
• Provide evidence-based patient education on treatment options, use of inhalers and breathing aids, and the role of home care.
• Review routine practice protocols for use of the most appropriate outcomes measures.
• Formulate evidence-based lifestyle management plans incorporating updated recommendations for patients with respiratory disease, allergy, and CVD.
• Develop individualized strategies for respiratory, allergy, and cardiovascular therapy.
• Recognize the need for referral to a pulmonologist, allergist, or cardiologist and understand the role of appropriate handoff, documentation and communication in the referral process.

Continuing Medical Education

Nursing Continuing Education
Credit Designation This educational activity for 24.00 contact hours (18.00 contact hours for the conference sessions and 6 contact hours for the optional, hands-on workshops) is provided by Postgraduate Institute for Medicine.

Accreditation Statements
Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. For advance practice nurses, this activity has been submitted for 6.5 contact hours of pharmacotherapy content. Pharmacotherapy contact hours for Advance Practice Registered Nurses will be designated on your certificate.

Accreditation
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and Global Academy for Medical Education, Inc. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

Physician Credit Designation
The University of Cincinnati designates this Live Activity for a maximum of 24.00 AMA PRA Category 1 Credits™, offering 18 AMA PRA Category 1 Credits™ for the conference sessions and 6 AMA PRA Category 1 Credits™ for the optional hands-on workshops. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants Credit Designation
The American Academy of Physician’s Assistants (AAPA) accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME.